

WHAT'S COOKING?

LUNCH MENUS FOR July 17-August 06, 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	01	02	03	04	05	06
Veal Piccata with Lemon Sauce (Macaroni and Cheese) Noodles Romanov (Whipped Potatoes) Harvard Beets (Diced Carrots) Blushing Pear	Sweet & Sour Meatballs (Baked Cod) over Steamed Rice (Whipped Potatoes) Pea Pods (Asparagus) Fortune Cookie Tapioca Pudding	Baked Chicken (Meatloaf) With Cranberry Sauce Country Dumpling with Chicken Gravy (Whipped Potato) Squash (Asparagus) Frozen Strawberry Yogurt	Baked Ham (Pork Roast)(Turkey Loaf) Pasta Salad (Potato Salad) Corn on the Cob (Wax Beans) Potato Roll Orange Jell-O Poke Cake	Meatloaf with Tomato Sauce (Chicken Fillet with Supreme Sauce) Baked Potato (Whipped Potatoes) California Blend Vegetables (Asparagus) Date Cake	Fruit Plate with Assorted Cheese Cubes (Fruit Plate w Hard Boiled Eggs) (Tuna Salad on White with Fruit) Assorted Crackers Warm Peanut Butter Cookie	Chicken Pot Pie (Hamburger with a Bun) Tossed Salad (Waldorf Salad) With Thousand Island Dressing (Diet French Dressing) Chocolate Sundae
07	08	09	10	11	12	13
BBQ Pork Ribs (Meatloaf) French Fries (Potato Salad) Pea Salad (Carrot Salad) Banana Cream Pie	Smoked Beef Au Jus (Turkey Tetrazzini) Baked Potato (Whipped Potatoes) Cucumbers Vinaigrette (Tossed Salad w/French Dressing) Potato Roll Iced Apple Bar	Italian Meat Sauce (Turkey Loaf) Over Mostaccioli (Whipped Potatoes) Tossed Salad (Carrot Salad) With Ranch Dressing (Diet French Dressing) Warm Garlic Roll Chocolate Ice Cream	Pork Chop w/ Apple, Onion and Bacon (Meatloaf) Roasted Red Potatoes (Whipped Potatoes) Pickled Beets (2 Bean Salad) Warm Dinner Roll Double Chocolate Pudding	Sliced Turkey with Cranberry Sauce (Pork Roast) Sage Dressing with Gravy (Whipped Potatoes) Peas, Mushrooms, and Onions (Asparagus) Spice Cake	Deep Fried Butterflied Shrimp (Hot Sliced Turkey) With Cocktail Sauce Onion Rings (Whipped Potatoes) Fresh Spinach Salad (Pea Salad) With Bacon Vinaigrette Dressing (Diet French Dressing) Rye Bread Raspberry Sherbet	Grilled Chicken Dijon (Tater Tot Hot Dish) Vegetable Fried Rice (Whipped Potatoes) Braised Red Cabbage (Peas) Carrot Cake