

WHAT'S COOKING?

LUNCH MENUS FOR October 07-November 03, 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07 Pork Marsala (Macaroni and Cheese) Noodles Romanov (Whipped Potatoes) Harvard Beets (Diced Carrots) Raspberry Vanilla Cake	08 Teriyaki Meatballs (Baked Haddock) over Steamed Rice (Whipped Potatoes) Sugar Snap Peas (Asparagus) Fortune Cookie Tapioca Pudding	09 Baked Chicken (Meatloaf) With Cranberry Sauce Country Dumpling with Chicken Gravy (Whipped Potatoes) Squash (Wax Beans) Frozen Strawberry Yogurt	10 Boiled Dinner with Ham, Potatoes and Carrots (Pork Roast) (Meat Loaf) (Whipped Potatoes) Steamed Cabbage (Wax Beans) Potato Roll Orange Jell-o Poke Cake	11 Meatloaf with Tomato Sauce (Chicken Fillet with Supreme Sauce) Baked Potato (Whipped Potatoes) California Blend Vegetables (Asparagus) Date Cake	12 Potato Pancakes with Syrup (Whipped Potatoes) Bacon Strips (Scrambled Eggs) Applesauce Pumpkin Square	13 Chicken Pot Pie (Hamburger with a Bun) Tossed Salad (Waldorf Salad) With Thousand Island Dressing (Diet French Dressing) Chocolate Sundae
14 BBQ Pork Ribs (Meatloaf) Cheesy Hashbrowns (Potato Puff/Whipped Potatoes) Ranch Pea Salad (Carrot Salad) Banana Cream Pie	15 Smoked Beef Au Jus (Turkey Tetrazzini) Baked Potato (Whipped Potatoes) Cucumbers Vinaigrette (Tossed Salad with French Dressing) Potato Roll Iced Apple Bar	16 Italian Meat Sauce (Turkey Loaf) Over Spaghetti (Whipped Potatoes) Tossed Salad (Carrot Salad) With Ranch Dressing (Diet French Dressing) Warm Garlic Toast Double Chocolate Pudding	17 Pork Chop with Bacon, Apple and Onions (Meatloaf) Roasted Red Potatoes (Whipped Potatoes) Pickled Beets (2 Bean Salad) Warm Dinner Roll Chocolate Ice Cream	18 Chicken ala King with Whipped Potatoes and a Buttermilk Biscuit (Pork Roast Whipped Potatoes w/Gravy) Tossed Salad with Russian Dressing (Waldorf Salad) Spice Cake	19 Lemon Pepper Tilapia with Tartar Sauce (Turkey Loaf) Garlic Whipped Potatoes Fresh Spinach Salad (Pea Salad) With Bacon Vinaigrette Dressing (Diet French Dressing) Rye Bread Lime Jell-o Poke Cake	20 Chicken Dijon (Tater Tot Hot Dish) Vegetable Fried Rice (Whipped Potatoes) Braised Red Cabbage (Peas) Carrot Cake with Icing
21 Beef Pot Roast (Macaroni and Cheese) Whipped Potatoes with Gravy Carrots, Celery and Onions (Wax Beans) Coconut Cream Pie	22 Chicken Provolone (Baked Haddock) Noodles with Alfredo Sauce (Whipped Potatoes) Broccoli Florets (Diced Carrots) Brownie with Chocolate Icing	23 Chopped Steak w/Sautéed Onions (Turkey Tetrazzini) Creamed Potatoes (Whipped Potatoes) Braised Brussels Sprouts (Green Beans) Orange Sherbet	24 Breaded Pork Cutlet with Mushroom Gravy (Scrambled Eggs) Roasted Red Potatoes (Whipped Potatoes w/gravy) Cauliflower with Cheese Sauce (Spinach) Apple Pie	25 Teriyaki Chicken (Tater Tot Hot Dish) Wild Rice Blend (Whipped Potatoes) Vegetable Stir Fry (Asparagus) Fresh Orange Wedges	26 Poor Man's Lobster With Drawn Butter (Chicken Breast in Supreme Sauce) Baked Potato With Butter (Whipped Potatoes) Creamy Coleslaw (Pea Salad) Onion Rye Bread	27 Swedish Meatballs (Turkey Loaf) Whipped Potatoes Creamed Corn (Diced Beets) Pistachio Torte

					Peanut Butter Pie	
28	29	30	31	01	02	03
Oven Fried Chicken With Cranberry Sauce Garnish <small>(Beef Roast)</small> French Baked Potato <small>(Whipped Potatoes)</small> Broccoli Florets <small>(Diced Beets)</small> Pineapple Upside-Down Cake	Stuffed Pepper <small>(Baked Haddock/Whipped Potatoes)</small> Shredded Cheese Whole Kernel Corn <small>(Diced Carrots)</small> Butterscotch Pudding	Build Your Own: Hamburger with a Bun <small>(Grilled Chicken Breast)</small> Lettuce, Tomato, Onion, Pickles <small>(2 Bean Salad)</small> Waffle Fries <small>(Potato Salad)</small> Vanilla Ice Cream	<u>HAPPY HALLOWEEN!</u> Chicken Pot Pie <small>(Chili with Crackers)</small> Broccoli Coleslaw <small>(Pickled Beets)</small> Halloween Dirt and Worm Cup	Chicken Parmesan Garlic Parmesan Potatoes <small>(Macaroni and Cheese)</small> Sliced Carrots <small>(Diced Rutabagas)</small> Warm Garlic Roll Boston Crème Pie	Baked Haddock with Tartar Sauce <small>(Scrambled Eggs)</small> Baked Potato With Butter <small>(Whipped Potatoes)</small> Cauliflower Salad <small>(Cucumber Salad)</small> Rye Bread Fruity Rainbow Cake	Glazed Pork Ribs <small>(Meatloaf)</small> German Potato Salad <small>(Whipped Potatoes)</small> Bavarian Sauerkraut <small>(Wax Beans)</small> Black Forest Mousse