Wisconsin Veterans Home-Union Grove  

**Week #6**  
**December 29, 2019-January 4, 2020**

<table>
<thead>
<tr>
<th>SUNDAY-December 29</th>
<th>MONDAY-December 30</th>
<th>TUESDAY-December 31</th>
<th>WEDNESDAY-January 1</th>
<th>THURSDAY-January 2</th>
<th>FRIDAY-January 3</th>
<th>SATURDAY-Jan 4</th>
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<tbody>
<tr>
<td><strong>BREAKFAST</strong></td>
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| Orange Pineapple Juice  
Cheerios  
(Oatmeal)     | Apple Juice  
Oatmeal  
(Bran Flakes)     | Orange Juice  
Cornflakes  
(Oatmeal)     | Pineapple Juice  
Bran Flakes  
(Oatmeal)     | Grape Juice  
Malt-o-Meal  
(Rice Krispies)     | Orange Juice  
Rice Krispies  
(Oatmeal)     | Cranberry Juice  
Cornmeal  
(Corn Flakes)     |
| Biscuit with Sausage  
Gravy (Poached Egg/Scrambled Eggs/Toast) | Brown Sugar  
Scrambled Eggs  
(Vanilla Yogurt) | French Toast  
With Syrup  
(Toast)     | Poached Egg  
(Scrambled Eggs)     | Belgian Waffle  
With Spanish Sauce  
(Scrambled Eggs)     | Rice Krispies  
(Toast)     | Apple Sticky Bun with Warm Icing  
(Toast)     |
| Warm Date Nut Bread  
(Toast)     | Fresh Banana     | Fresh Orange Wedges     | Fresh Orange Wedges     | Fresh Orange Wedges     | Assorted Danish |

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<th>LUNCH</th>
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| Baked Chicken  
With Cranberry Sauce  
Garnish (Roast Pork)  | Italian Meatballs with  
Spaghetti (Macaroni and Cheese)     | Sliced Ham with Mustard  
Sauce (Turkey Loaf/Baked Haddock)     | New Year’s Day  
Grilled Ribeye with  
Sauted Mushrooms (Turkey Tetrazzini)     | Grilled Reuben Sandwich  
(Cocktail Sauce)     | Grilled Shrimp with  
Cocktail Sauce (Baked Haddock/Scrambled Eggs)     | Ham-Stuffed Chicken  
w/Swiss Cheese Sauce  
(Roast Beef)     |
| Whipped Potatoes  
with Gravy (Diced Carrots)  | Tossed Salad  
(Pickled Beets with Creamy Italian Dressing  
(Ranch Dressing))     | Au Gratin Potatoes  
(Whipped Potatoes)     | Grilled Potato  
(Whipped Potato)     | Waffle Fries  
(Hash Browns/Whipped Potatoes)     | Cheese Omelet  
(Rice Krispies)     | Noodles Romanov  
(Whipped Potatoes)     |
| Whole Kernel Corn  
(Diced Carrots)  | Garlic Toast  
Strawberry Sundae     | Peas and Carrots  
(Green Beans)     | Tossed Salad with French-Blue Cheese OR Ranch  
Dressing (Waldorf Salad)     | Creamy Coleslaw  
(Two Bean Salad)     | Butterscotch Ice Cream  
Sundae     | California Blend  
Vegetables     |
| Peach Pie     | Fruit Cocktail     | Potato Roll     | Egg Nog Cake     | Dill Pickle Spear  
Butterscotch Ice Cream  
Sundae     | Rye Bread  
Cinnamon Streusel Coffee  
Cake     | Black Forest Bar     |

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| Seafood Scampi  
(Meatloaf)     | Hot Dog with a Bun  
(Hamburger with a Bun/Turkey Loaf)     | New Year’s Eve  
Chef’s Salad with Diced  
Ham, Diced Chicken,  
Eggs, Cheddar Cheese &  
Diced Tomatoes (Chicken Salad on White or Seafood Pasta Salad)  
Ranch Dressing (French Dressing)  
Croutons  
Assorted Crackers  
Chocolate Peanut Butter  
Cookie     | Chicken Strips  
(Hamburger with a Bun)     | Chili con Carne with  
Crackers (Turkey Rice Soup/  
Macaroni and Cheese)     | Build Your Own:  
Hamburger with a Bun  
(Grilled Chicken Breast)     | Beef Vegetable Soup  
w/Crackers (Chicken Vegetable Soup)     |
| Rice Pilaf  
(Whipped Potatoes)  | Baked Beans  
(Diced Carrots)  | Blueberry Parfait     | With Ranch Dressing  
Tater Tots  
(Waffle Fries/;Potato Salad)  
Pea Salad  
(Carrot Salad)     | With Chicken with Wine Sauce  
(Creamy Coleslaw)     | Lettuce, Tomato, Onion,  
Pickles  
(2 Bean Salad)     | Meat Salad Spread  
Sandwich on Whole Wheat  
(Chicken Salad Sandwich on White Bread)  
Pears  
Warm Molasses Cookie     |
| Broccoli Florets  
(Green Beans)  | Rye Bread  
Orange Dreamsicle  
Dessert     |                 |                 |                 |                 |               |
|                 |                   |                   |                   |                   |                 |               |

(Alternates to main items are listed in parenthesis)

Additional substitutes at lunch and supper include: cold lunchmeats, assorted cheeses, cottage cheese, peanut butter, hard-boiled egg, and Soup of the Day

Please speak to your dietitian or dining room worker to request alternate item or to address preference concerns.