

Wisconsin Veterans Home-Union Grove

Week #6

January 10-16, 2021

	SUNDAY-January 10	MONDAY-January 11	TUESDAY-January 12	WEDNESDAY-January 13	THURSDAY-January 14	FRIDAY-January 15	SATURDAY-January 16
B R E A K F A S T	Orange Pineapple Juice Cheerios (Oatmeal) Warm Breakfast Biscuit (Toast) with Sausage Gravy (Poached Egg)	Apple Juice Oatmeal (Bran Flakes) Scrambled Eggs (Hard Boiled Egg) Warm Glazed Donut (Toast)	Orange Juice French Toast (Pancakes) With Syrup Fresh Banana	Pineapple Juice Raisin Bran (Oatmeal) Poached Egg (Scrambled Eggs) Bagel with Cream Cheese	Grape Juice Belgian Waffle (Pancakes) With Syrup Fresh Orange Wedges	Orange Juice Rice Krispies (Oatmeal) Cheese Omelet (Scrambled Eggs) Banana Bread	Cranberry Juice Cinnamon Roll with Icing Hard Boiled Egg (Scrambled Eggs) Fresh Banana
L U N C H	Baked Chicken With Cranberry Sauce Garnish (Roast Pork) Whipped Potatoes with Gravy Whole Kernel Corn (Diced Carrots) Peach Pie	Italian Meatballs with Pasta (Tator Tot Casserole) Tossed Salad with Creamy Italian Dressing (Ranch Dressing) (Pickled Beets) Garlic Toast Strawberry Ice Cream Sundae	Sliced Ham with Mustard Sauce (Baked Haddock) Au Gratin Potatoes (Whipped Potatoes) Peas and Carrots (Green Beans) Tropical Fruit	Chop Suey over Steamed Brown Rice (Macaroni and Cheese) Sugar Snap Pea Pods (Asparagus) Chow Mein Noodles Iced Apple Bar	Grilled Reuben Sandwich (Turkey Tetrizzini) Seasoned Wedges (Whipped Potatoes) Creamy Coleslaw (Two Bean Salad) Dill Pickle Spear Butterscotch Ice Cream Sundae	Butterflied Shrimp with Cocktail Sauce (Turkey Loaf) French Baked Potatoes (Whipped Potatoes) Dressed Spinach Salad (Pea Salad) Boston Cream Pie	Ham-Stuffed Chicken w/Swiss Cheese Sauce (Roast Beef) Noodles Romanov (Whipped Potatoes) California Blend Vegetables (Asparagus) Chocolate Cake
S U P P E R	Seafood Scampi (Meatloaf) Rice Pilaf (Whipped Potatoes) Broccoli Florets (Green Beans) Orange Dreamsicle Dessert	Hot Dog with a Bun (Hamburger Patty with a Bun) Baked Beans (Diced Carrots) Blueberry Parfait	Chef's Salad with Diced Ham, Diced Chicken, Eggs, Cheddar Cheese & Diced Tomatoes (Chicken Salad on White) French Dressing with Bleu Cheese Crumbles (Ranch Dressing) Croutons Warm Dinner Roll Warm Sugar Cookie	Chicken Strips With Ranch Sauce (Meatloaf) Tater Tots (Potato Salad) Corn Relish (Pea Salad) Oreo Torte	Chili con Carne with Crackers (Turkey Rice Soup with Crackers) Shredded Cheese & Sour Cream Warm Cornbread Cherry Jello with Fruit	Riblet with a Bun and BBQ Sauce (Grilled Chicken Breast) Dill Pickle Chips Green Beans (Diced Carrots) Waffle Fries (Potato Salad) Vanilla Ice Cream	Beef Vegetable Soup (Chicken Vegetable Soup) with Crackers Meat Salad Spread Sandwich on Whole Wheat (Chicken Salad Sandwich on White Bread) Pears

(Alternates to main items are listed in parenthesis)

Additional substitutes at lunch and supper include: cold lunchmeats, assorted cheeses, cottage cheese, peanut butter, hard-boiled egg, and Soup of the Day

Please speak to your dietitian or dining room worker to request alternate item or to address preference concerns.