

Wisconsin Veterans Home-Union Grove

Week #1

January 17-23, 2021

	SUNDAY-January 17	MONDAY-January 18	TUESDAY-January 19	WEDNESDAY-January 20	THURSDAY-January 21	FRIDAY-January 22	SATURDAY-January 23
B R E A K F A S T	Orange Pineapple Juice Cheerios (Oatmeal) Warm Breakfast Biscuit with Sausage Gravy (Toast) (Poached Egg)	Apple Juice Oatmeal (Bran Flakes) Scrambled Eggs (Hard Boiled Egg) Assorted Danish (Toast)	Orange Juice Buttermilk Pancakes With Syrup (Cereal and Toast) Fresh Banana	Pineapple Juice Raisin Bran (Oatmeal) Poached Egg (Scrambled Eggs) Bagel with Cream Cheese	Grape Juice Belgian Waffle with Strawberry Sauce (Pancakes)	Orange Juice Rice Krispies (Oatmeal) Scrambled Eggs with Bacon Strips (Sausage Links) Bagel with Cream Cheese	Cranberry Juice Breakfast Sandwich on an English Muffin (Scrambled Eggs, Cereal and Toast) Fresh Banana
L U N C H	Pulled, Smoked Pork with a Bun and a Side of BBQ Sauce (Chicken Breast) Ranch Tater Tots (Whipped Potatoes) Broccoli-Bacon-Tomato Salad (Cucumber Salad) Strawberry Rhubarb Fruit Cup	Braised Beef Tips and Peppers (Macaroni and Cheese) Garlic Mashed Yellow Potatoes (Whipped Potatoes) Broccoli Florets (Diced Rutabagas) Gingerbread with Lemon Topping	Lasagna with Tomato Sauce (Turkey Tetrazzini) Steamed Zucchini (Diced Carrots) Warm Breadstick Vanilla Cheesecake	Memphis Style Pork Ribs (Chicken Breast) Macaroni and Cheese (Whipped Potatoes) Southern Hot Slaw (Wax Beans) Sweet Potato Pie	Open Faced Hot Beef Sandwich (Open Faced Hot Turkey Sandwich) Whipped Potato with Beef Gravy Tossed Salad with French-Bleu Cheese Dressing (Ranch Dressing) (Pea Salad) Vanilla Ice Cream	Baked Haddock with Tartar Sauce (Meatloaf) Baked Potato (Whipped Potatoes) Roasted Brussels Sprouts (Asparagus) Raspberry Vanilla Cake	Chicken Breast with Supreme Sauce (Salisbury Steak) Steamed Red Potatoes (Whipped Potatoes) Mixed Vegetables (Diced Carrots) Lemon Vanilla Cake
S U P P E R	Ham with Scalloped Potatoes (Pork Roast) (Whipped Potatoes) Buttered Baby Carrots (Diced Beets) Cherry Torte	Build Your Own: Cheeseburger with a Bun (Fish Patty with a Bun) Lettuce, Tomato, Onion (Waldorf Salad) Dill Pickle Chips Onion Rings (Whipped Potatoes) Orange Sherbet	Cream of Cauliflower Soup (Chicken Rice Soup) with Crackers Grilled Cheese, Bacon and Tomato Sandwich on White Bread (Tater Tot Hot Dish) Fresh Apple Slices with Caramel Sauce	Kielbasa (Baked Haddock) American Fries (Whipped Potatoes) Corn and Peas (Squash) Banana Cake with Cream Cheese Frosting	Beef Dumpling Soup (Potato Soup) with Crackers Summer Sausage Sandwich on Whole Wheat (Turkey Salad Sandwich/White) Green Olives Warm Cherry Strudel Stick	Supreme Pizza (Macaroni and Cheese) Marinated Vegetable Salad (2-Bean Salad) Mandarin Oranges Butterscotch Ice Cream Sundae	Cream of Mushroom Soup (Chicken Vegetable Soup) with Crackers Hot Turkey and Mozzarella on a White Bun (Hamburger Patty with a Bun) Tropical Fruit

(Alternates to main items are listed in parenthesis)

Additional substitutes at lunch and supper include: cold lunchmeats, assorted cheeses, cottage cheese, peanut butter, hard boiled egg, and Soup of the Day

Please speak to your dietitian or dining room worker to request alternate item or to address preference concerns.