

Wisconsin Veterans Home-Union Grove

Week #4

Nov 28-Dec 4, 2021

	SUNDAY-November 28	MONDAY-November 29	TUESDAY-November 30	WEDNESDAY-December 1	THURSDAY-December 2	FRIDAY-December 3	SATURDAY-December 4
B R E A K F A S T	Orange Pineapple Juice Cheerios (Oatmeal) Warm Breakfast Biscuit with Sausage Gravy (Poached Egg)	Apple Juice Oatmeal (Bran Flakes) Scrambled Eggs (Hard Cooked Egg) Assorted Danish (Toast)	Orange Juice French Toast with Syrup (Toast) Fresh Banana	Pineapple Juice Raisin Bran (Oatmeal) Poached Egg (Scrambled Eggs) Cranberry Orange Muffin	Grape Juice Belgian Waffle with Syrup (Pancakes)	Orange Juice Rice Krispies (Oatmeal) Cheese Omelet (Scrambled Eggs) Bagel with Cream Cheese	Cranberry Juice French Toast Sticks with Syrup (Pancakes) Fresh Banana
L U N C H	Beef Pot Roast (Macaroni and Cheese) Whipped Potatoes with Gravy Carrots, Celery and Onions (Wax Beans) Coconut Cream Pie	Chicken Provolone (Baked Haddock) Noodles with Alfredo Sauce (Whipped Potatoes) Broccoli Florets (Diced Carrots) Chocolate Cake with Icing	Chopped Steak w/Sautéed Onions (Turkey Tetrazzini) Creamed Potatoes (Whipped Potatoes) Braised Brussels Sprouts (Green Beans) Orange Sherbet	Braised Pork with Mushroom Gravy (Scrambled Eggs) Fried Spaetzle (Whipped Potatoes with Gravy) Sauerkraut (Wax Beans) Peanut Butter Pie	Teriyaki Chicken (Tater Tot Hot Dish) Wild Rice (Whipped Potatoes) Vegetable Stir Fry (Asparagus) Fresh Orange Wedges Almond Cookie	Poor Man's Lobster with Drawn Butter (Chicken Breast in Supreme Sauce) Baked Potato with Butter (Whipped Potatoes) Creamy Coleslaw (Pea Salad) Apple Pie	Swedish Meatballs (Turkey Loaf) Whipped Potatoes Creamed Corn (Diced Beets) Banana Split Parfait
S U P P E R	Sloppy Joe with a Bun (Grilled Chicken Breast with a Bun) Seasoned Wedges (Whipped Potatoes) Pears Bread and Butter Pickle Chips	Frankfurter with a Bun (Hamburger Patty with a Bun) Baked Beans (Whipped Potatoes) Cucumbers with Sour Cream (Pea Salad) Apricots	Ham Salad Sandwich on Wheat Bread (Chicken Salad Sandwich on White Bread) Tossed Salad with Ranch Dressing (French Dressing) (Chicken Rice Soup) Blueberry Crisp	Chicken A'la King (Meatloaf) Broccoli Coleslaw (Pickled Beets) Warm Biscuit (Whipped Potato) Strawberry Jello with Applesauce	Bacon/Tomato Macaroni & Cheese (Turkey Loaf and Whipped Potato) Waldorf Salad Vanilla Cheesecake	Sausage Pizza Tator Tot Casserole) Tossed Salad with Italian Dressing (French Dressing) (2 Bean Salad) Peaches Raspberry Sherbet	Minestrone Soup (Cream of Asparagus Soup) with Crackers Crab Salad (Egg Salad) Mandarin Oranges Warm Fudge Cookie

(Alternates to main items are listed in parenthesis)

Additional substitutes at lunch and supper include: cold lunchmeats, assorted cheeses, cottage cheese, peanut butter, hard boiled egg, and Soup of the Day

Please speak to your dietitian or dining room worker to request alternate item or to address preference concerns.