

WHAT'S COOKING?

LUNCH MENUS FOR November 11-December 08, 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11 Veteran's Day Grilled Ribeye with Sautéed Mushrooms (Grilled Chicken Breast) Garlic Mashed Red Potatoes (Garlic Whips/Whipped Potatoes) Buttered Baby Carrots (Wax Beans) Warm Garlic Roll German Chocolate Cake	12 Ham with Scalloped Potatoes (Turkey Loaf/Whipped Potatoes) Broccoli Florets (Diced Beets) Cherry Torte	13 Lasagna with Tomato Sauce (Turkey Tetrizzini) Steamed Zucchini (Diced Carrots) Warm Breadstick Vanilla Cheesecake	14 Memphis Style Pork Ribs (Chicken Filet) Macaroni and Cheese (Whipped Potatoes) Southern Hot Slaw (Wax Beans) Sweet Potato Pie	15 Open Faced Hot Beef Sandwich (Open Faced Hot Turkey Sandwich) Whipped Potato With Beef Gravy Tossed Salad with French-Bleu Cheese Dressing (Ranch Dressing/Pea Salad) Vanilla Ice Cream	16 Baked Haddock with Tartar Sauce (Meatloaf) Baked Potato (Whipped Potatoes) Roasted Brussels Sprouts (Asparagus) Rye Bread Raspberry Jell-O with Peaches	17 Chicken Breast with Supreme Sauce (Salisbury Steak) Steamed Red Potato (Whipped Potatoes) Mixed Vegetables (Squash) Poppy Seed Cake with Icing
18 Pork Marsala (Macaroni and Cheese) Noodles Romanov (Whipped Potatoes) Harvard Beets (Diced Carrots) Raspberry Vanilla Cake	19 Teriyaki Meatballs (Baked Haddock) over Steamed Rice (Whipped Potatoes) Sugar Snap Peas (Asparagus) Fortune Cookie Tapioca Pudding	20 Meatloaf with Tomato Sauce (Chicken Fillet with Supreme Sauce) Baked Potato (Whipped Potatoes) California Blend Vegetables (Asparagus) Date Cake	21 Boiled Dinner with Ham, Potatoes and Carrots (Pork Roast) (Meat Loaf) (Whipped Potatoes) Steamed Cabbage (Wax Beans) Potato Roll Orange Jell-o Poke Cake	22 Thanksgiving Roasted Turkey (Baked Ham) Mashed Potatoes with Giblet Gravy Sage Dressing Fresh Squash Out of the Shell (Asparagus) Cranberry Sauce Marble Rye Bread Pumpkin Pie	23 Potato Pancakes with Syrup (Whipped Potatoes) Bacon Strips (Scrambled Eggs) Applesauce Peanut Butter Cookie	24 Chicken Pot Pie (Hamburger with a Bun) Tossed Salad (Waldorf Salad) With Thousand Island Dressing (Diet French Dressing) Chocolate Sundae
25 BBQ Pork Ribs (Meatloaf) Cheesy Hash browns (Hash browns/Potato Salad) Ranch Pea Salad (Carrot Salad) Banana Cream Pie	26 Smoked Beef Au Jus (Turkey Tetrizzini) Baked Potato (Whipped Potatoes) Cucumbers Vinaigrette (Tossed Salad with French Dressing) Potato Roll	27 Italian Meat Sauce (Turkey Loaf) Over Spaghetti (Whipped Potatoes) Tossed Salad (Carrot Salad) With Ranch Dressing (Diet French Dressing) Warm Garlic Toast	28 Pork Chop with Bacon, Apple and Onions (Meatloaf) Roasted Red Potatoes (Whipped Potatoes) Pickled Beets (2 Bean Salad) Warm Dinner Roll Chocolate Ice Cream	29 Chicken ala King with Whipped Potatoes and a Buttermilk Biscuit (Pork Roast Whipped Potatoes w/Gravy) Tossed Salad with Russian Dressing (Waldorf Salad) Spice Cake	30 Lemon Pepper Tilapia with Tartar Sauce (Turkey Loaf) Garlic Whipped Potatoes Fresh Spinach Salad (Pea Salad) With Bacon	01 Chicken Dijon (Tater Tot Hot Dish) Vegetable Fried Rice (Whipped Potatoes) Braised Red Cabbage (Peas) Carrot Cake with Icing

	Iced Apple Bar	Double Chocolate Pudding			Vinaigrette Dressing (Diet French Dressing) Rye Bread Lime Jell-o Poke Cake	
02	03	04	05	06	07	08
Beef Pot Roast (Macaroni and Cheese) Whipped Potatoes with Gravy Carrots, Celery and Onions (Wax Beans) Coconut Cream Pie	Chicken Provolone (Baked Haddock) Noodles with Alfredo Sauce (Whipped Potatoes) Broccoli Florets (Diced Carrots) Brownie with Chocolate Icing	Chopped Steak w/Sautéed Onions (Turkey Tetrazzini) Creamed Potatoes (Whipped Potatoes) Braised Brussels Sprouts (Green Beans) Orange Sherbet	Breaded Pork Cutlet with Mushroom Gravy (Scrambled Eggs) Baked Sweet Potato (Whipped Potatoes w/gravy) Cauliflower with Cheese Sauce (Spinach) Apple Pie	Teriyaki Chicken (Tater Tot Hot Dish) Wild Rice Blend (Whipped Potatoes) Vegetable Stir Fry (Asparagus) Fresh Orange Wedges	Poor Man's Lobster With Drawn Butter (Chicken Breast in Supreme Sauce) Baked Potato With Butter (Whipped Potatoes) Creamy Coleslaw (Pea Salad) Onion Rye Bread Peanut Butter Pie	Swedish Meatballs with Gravy (Turkey Loaf) Whipped Potatoes Creamed Corn (Diced Beets) Pistachio Torte