

# Wisconsin Veterans Home-Union Grove

# Week #2

# November 14-20, 2021

	SUNDAY-November 14	MONDAY-November 15	TUESDAY-November 16	WEDNESDAY-November 17	THURSDAY-November 18	FRIDAY-November 19	SATURDAY-November 20
B R E A K F A S T	<b>Orange Pineapple Juice</b> <b>Cheerios</b> (Oatmeal) <b>Warm Breakfast Biscuit</b> (Toast) <b>with Sausage Gravy</b> (Poached Egg)	<b>Apple Juice</b> <b>Oatmeal</b> (Bran Flakes) <b>Scrambled Eggs</b> (Hard Boiled Egg) <b>Warm Glazed Donut</b> (Toast)	<b>Orange Juice</b> <b>French Toast</b> <b>with Syrup</b> (Pancakes) <b>Fresh Banana</b>	<b>Pineapple Juice</b> <b>Raisin Bran</b> (Oatmeal) <b>Poached Egg</b> (Scrambled Eggs) <b>Bagel with Cream Cheese</b>	<b>Grape Juice</b> <b>Belgian Waffle</b> (Pancakes) <b>with Apple Cinnamon Topping</b>	<b>Orange Juice</b> <b>Rice Krispies</b> (Oatmeal) <b>Cheese Omelet</b> (Scrambled Eggs) <b>Bagel with Cream Cheese</b>	<b>Cranberry Juice</b> <b>Cornmeal</b> (Corn Flakes) <b>Denver Eggs</b> (Scrambled Eggs) <b>Hash Browns</b> (Toast) <b>Fresh Banana</b>
L U N C H	<b>Pork Marsala</b> (Macaroni and Cheese) <b>Creamed Potatoes</b> (Whipped Potatoes) <b>Harvard Beets</b> (Diced Carrots) <b>Cinnamon Cake w/Icing</b>	<b>Teriyaki Meatballs</b> (Baked Haddock) <b>over Brown Rice</b> (Whipped Potatoes) <b>Sugar Snap Peas</b> (Asparagus) <b>Fortune Cookie</b> <b>Tapioca Pudding</b>	<b>Baked Chicken</b> (Meatloaf) <b>Cranberry Sauce</b> <b>Country Dumpling</b> (Whipped Potatoes) <b>with Chicken Gravy</b> <b>Squash</b> (Wax Beans) <b>Blueberry Pie</b>	<b>Chili Dog with a Bun</b> (Chili Burger with a Bun) <b>Tator Tots</b> (Whipped Potatoes) <b>Cucumber w/Sour Cream</b> (Pickled Beets) <b>Chocolate Ice Cream</b> <b>Sundae</b>	<b>Meatloaf</b> <b>with Tomato Sauce</b> (Chicken Fillet with Supreme Sauce) <b>Baked Potato</b> (Whipped Potatoes) <b>California Blend</b> <b>Vegetables</b> (Asparagus) <b>Carrot Cake</b>	<b>Ravioli</b> (Tator Tot Casserole) <b>Steamed Zucchini</b> (Diced Carrots) <b>Applesauce</b> <b>Pumpkin Square</b>	<b>Chicken Pot Pie</b> (Hamburger Patty with a Bun) <b>Tossed Salad with</b> <b>Thousand Island</b> <b>Dressing</b> (French Dressing) (Pineapple Tidbits) <b>Orange Poke Cake</b>
S U P P E R	<b>Chicken Sticks w/Ranch</b> <b>Sauce</b> (Meat Loaf) <b>Waffle Fries</b> (Potato Salad) <b>Corn Relish</b> (Pea Salad) <b>Chocolate Torte</b>	<b>Brat with a Bun</b> (Hamburger Patty with a Bun) <b>Oven Brown Potatoes</b> (Whipped Potatoes) <b>Sauerkraut Salad</b> (2 Bean Salad) <b>Strawberry Ice Cream</b>	<b>Split Pea Soup</b> (Chicken Rice Soup) <b>with Crackers</b> <b>Chicken Pasta Salad</b> (Tuna Salad Sandwich on White) <b>Warm Apple Strudel</b> <b>Stick</b>	<b>Salisbury Steak with</b> <b>Peppers &amp; Onions</b> (Turkey Loaf) <b>Whipped Potatoes</b> <b>Cream-Style Corn</b> (Green Beans) <b>M&amp;M Cookie</b>	<b>Beef Barley Soup</b> (Cream of Mushroom Soup) <b>with Crackers</b> <b>Egg Salad Sandwich</b> <b>on Whole Wheat</b> (Beef Salad Sandwich on White) <b>Warm Cherry Crisp</b>	<b>FRIDAY NIGHT FISH FRY</b> <b>Fried Pollock</b> <b>with Tartar Sauce</b> (Turkey Loaf) <b>Seasoned Wedges</b> (Potato Salad) <b>Creamy Coleslaw</b> (Carrot Salad) <b>Lemon Meringue Pie</b>	<b>Tomato Soup</b> (Chicken Vegetable Soup) <b>with Oyster Crackers</b> <b>Grilled Cheese</b> <b>Sandwich on White</b> <b>Bread</b> (Tuna Noodle Casserole) <b>Cheesecake with</b> <b>Strawberry Topping</b>

(Alternates to main items are listed in parenthesis)

Additional substitutes at lunch and supper include: cold lunchmeats, assorted cheeses, cottage cheese, peanut butter, hard boiled egg, and Soup of the Day

Please speak to your dietitian or dining room worker to request alternate item or to address preference concerns.