

WHAT'S COOKING?

LUNCH MENUS FOR November 5-December 2, 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5	6	7	8	9	10	11
Veal Piccata with Lemon Sauce (Macaroni and Cheese) Noodles Romanov (Whipped Potatoes) Harvard Beets (Diced Carrots) Blushing Pear	Teriyaki Meatballs (Baked Haddock) over Steamed Rice (Whipped Potatoes) Sugar Snap Peas (Asparagus) Fortune Cookie Tapioca Pudding	Baked Chicken (Meatloaf) With Cranberry Sauce Country Dumpling with Chicken Gravy (Whipped Potatoes) Squash (Wax Beans) Frozen Strawberry Yogurt	New England Style Boiled Dinner: Ham (Pork Roast) (Meat Loaf) Boiled Potatoes with Carrots (Whipped Potatoes) Steamed Cabbage (Wax Beans) Potato Roll Orange Jell-o Poke Cake	Meatloaf with Tomato Sauce (Chicken Fillet with Supreme Sauce) Baked Potato (Whipped Potatoes) California Blend Vegetables (Asparagus) Date Cake	Potato Pancakes with Syrup (Whipped Potatoes) Bacon Strips (Scrambled Eggs) Applesauce Patriotic Cookie	VETERAN'S DAY Grilled Ribeye with A-1 Sauce (Chicken Teriyaki) Garlic Mashed Red Potatoes (Whipped Potatoes) Tossed Salad (Waldorf Salad) With French Bleu Cheese Dressing (Diet French Dressing) Chocolate Sundae
12	13	14	15	16	17	18
BBQ Pork Ribs (Meatloaf) Waffle Fries (Hashbrowns/Potato Salad) Pea Salad (Carrot Salad) Banana Cream Pie	Smoked Beef Au Jus (Turkey Tetrazzini) Baked Potato (Whipped Potatoes) Cucumbers Vinaigrette (Tossed Salad with French Dressing) Potato Roll Iced Apple Bar	Italian Meat Sauce (Turkey Loaf) Over Spaghetti (Whipped Potatoes) Tossed Salad (Carrot Salad) With Ranch Dressing (Diet French Dressing) Warm Garlic Toast Chocolate Ice Cream	Pork Chop with Bacon, Apple and Onions (Meatloaf) Roasted Red Potatoes (Whipped Potatoes) Pickled Beets (2 Bean Salad) Warm Dinner Roll Double Chocolate Pudding	Turkey ala King over Whipped Potatoes with a Buttermilk Biscuit (Pork Roast/Whipped Potatoes/Gravy) Tossed Salad with Russian Dressing (Waldorf Salad) Spice Cake	Lemon Pepper Tilapia with Tartar Sauce (Hot Sliced Turkey) Garlic Whipped Potatoes Fresh Spinach Salad (Pea Salad) With Bacon Vinaigrette Dressing (Diet French Dressing) Rye Bread Raspberry Sherbet	Chicken Dijon (Tater Tot Hot Dish) Vegetable Fried Rice (Whipped Potatoes) Braised Red Cabbage (Peas) Carrot Cake with Icing
19	20	21	22	23	24	25
Beef Pot Roast (Macaroni and Cheese) Whipped Potatoes with Gravy Carrots, Celery and Onions (Wax Beans) Coconut Cream Pie	Chicken Provolone (Baked Haddock) Noodles with Alfredo Sauce (Whipped Potatoes) Broccoli Florets (Diced Carrots) Brownie with Icing	Chopped Steak w/Sautéed Onions (Turkey Tetrazzini) Creamed Potatoes (Whipped Potatoes) Braised Brussels Sprouts (Green Beans) Orange Sherbet	Breaded Pork Cutlet with Mushroom Gravy (Scrambled Eggs) Roasted Red Potatoes (Whipped Potatoes w/gravy) Cauliflower with Cheese Sauce (Spinach) Apple Pie	<u>Thanksgiving</u> Roasted Turkey (Baked Ham) Mashed Potatoes with Giblet Gravy Sage Dressing Fresh Squash Out of the Shell (Asparagus)	Poor Man's Lobster With Drawn Butter (Chicken Breast in Supreme Sauce) Baked Potato With Butter (Whipped Potatoes) Creamy Coleslaw (Pea Salad)	Swedish Meatballs (Turkey Loaf) Whipped Potatoes Creamed Corn (Diced Beets) Pistachio Torte

				Cranberry Sauce Marble Rye Bread Pumpkin Pie	Onion Rye Bread Peanut Butter Pie	
26	27	28	29	30	1	2
Oven Fried Chicken With Cranberry Sauce Garnish <small>(Beef Roast)</small> French Baked Potato <small>(Whipped Potatoes)</small> Broccoli Florets <small>(Diced Beets)</small> Pineapple Upside- Down Cake	Stuffed Pepper <small>(Baked</small> <small>Haddock/Whipped</small> <small>Potatoes)</small> Shredded Cheese Whole Kernel Corn <small>(Diced Carrots)</small> Butterscotch Pudding	Build Your Own: Hamburger with a Bun <small>(Grilled Chicken Breast)</small> Lettuce, Tomato, Onion, Pickles <small>(2 Bean Salad)</small> Waffle Fries <small>(Potato Salad)</small> Vanilla Ice Cream	Chicken Pot Pie <small>(Chili with Crackers)</small> Broccoli Coleslaw <small>(Pickled Beets)</small> Gingerbread Cake with Lemon Whipped Topping	Veal Parmesan Garlic Parmesan Potatoes <small>(Macaroni and Cheese)</small> Sliced Carrots <small>(Diced Rutabagas)</small> Warm Garlic Roll Éclair Dessert	Baked Haddock with Tartar Sauce <small>(Scrambled Eggs)</small> Baked Potato With Butter <small>(Whipped Potatoes)</small> Cauliflower Salad <small>(Cucumber Salad)</small> Rye Bread Egg Nog Cake	Apple Glazed Pork Ribs <small>(Meatloaf)</small> German Potato Salad <small>(Whipped Potatoes)</small> Bavarian Sauerkraut <small>(Wax Beans)</small> Black Forest Mousse