

Wisconsin Veterans Home-Union Grove

Week #1

November 7-13, 2021

	SUNDAY-November 7	MONDAY-November 8	TUESDAY-November 9	WEDNESDAY-November 10	THURSDAY-November 11	FRIDAY-November 12	SATURDAY-November 13
B R E A K F A S T	Orange Pineapple Juice Cheerios (Oatmeal) Warm Breakfast Biscuit (Toast) with Sausage Gravy (Poached Egg)	Apple Juice Oatmeal (Bran Flakes) Scrambled Eggs (Hard Boiled Egg) Assorted Danish (Toast)	Orange Juice Buttermilk Pancakes With Syrup (Cereal and Toast) Fresh Banana	Pineapple Juice Raisin Bran (Oatmeal) Poached Egg (Scrambled Eggs) Bagel with Cream Cheese	Grape Juice Belgian Waffle with Strawberry Sauce (Pancakes)	Orange Juice Rice Krispies (Oatmeal) Scrambled Eggs with Bacon Strips (Sausage Links) Bagel with Cream Cheese	Cranberry Juice Breakfast Sandwich on an English Muffin (Scrambled Eggs, Cereal and Toast) Fresh Banana
L U N C H	Pulled, Smoked BBQ Pork with a Bun (Chicken Breast) Ranch Tater Tots (Whipped Potatoes) Broccoli-Bacon-Tomato Salad (Cucumber Salad) Strawberry Rhubarb Cup	Braised Beef Tips and Peppers (Macaroni and Cheese) Garlic Mashed Yellow Potatoes (Whipped Potatoes) Broccoli Florets (Diced Rutabagas) Gingerbread with Lemon Topping	Lasagna with Tomato Sauce (Turkey Tetrazzini) Steamed Zucchini (Diced Carrots) Warm Dinner Roll Blueberry Parfait	Memphis Style Ribs (Chicken Breast) Macaroni and Cheese (Whipped Potatoes) Southern Hot Slaw (Wax Beans) Sweet Potato Pie	<u>VETERANS DAY</u> <u>Sponsored by John Zouski</u> <u>Memorial</u> Prime Rib w/Au Jus and Mushrooms (Chicken Breast w/Supreme Sauce) Garlic Mashed Potatoes (Whipped Potatoes) Monaco Blend Vegetables (Asparagus) Star Spangled Cake	Baked Haddock with Tartar Sauce (Meatloaf) Baked Potato (Whipped Potatoes) Roasted Brussels Sprouts (Asparagus) Raspberry Cake	Chicken Breast with Supreme Sauce (Salisbury Steak) Roasted Red Potatoes (Whipped Potatoes) Mixed Vegetables (Diced Carrots) Chocolate Peanut Butter Chip Cookie
S U P P E R	Mini Corn Dogs with Ketchup and Mustard (Hamburger with a Bun) Potato Salad (Pasta Salad) Creamy Coleslaw (Carrot Salad) Cherry Torte	Build Your Own: Cheeseburger with a Bun (Fish Patty with a Bun) Lettuce, Tomato, Onion (Waldorf Salad) Dill Pickle Chips Onion Rings (Whipped Potatoes) Orange Sherbet	Cream of Cauliflower Soup (Chicken Rice Soup) with Crackers Grilled Cheese, Bacon and Tomato Sandwich on White Bread (Tater Tot Hot Dish) Fresh Apple Slices with Caramel Sauce	Kielbasa (Baked Haddock) Oven Browns (Whipped Potatoes) Corn and Peas (Squash) Banana Cake with Cream Cheese Frosting	Beef Dumpling Soup (Potato Soup) with Crackers Summer Sausage Spread Sandwich on Whole Wheat (Turkey Salad Sandwich/White) Green Olives Warm Cherry Strudel Stick	Hamburger Pizza (Macaroni and Cheese) Marinated Vegetable Salad (2-Bean Salad) Mandarin Oranges Vanilla Ice Cream	Cream of Mushroom Soup (Chicken Vegetable Soup) with Crackers Hot Turkey and Mozzarella on a White Bun (Hamburger Patty with a Bun) Tropical Fruit

(Alternates to main items are listed in parenthesis)

Additional substitutes at lunch and supper include: cold lunchmeats, assorted cheeses, cottage cheese, peanut butter, hard boiled egg, and Soup of the Day

Please speak to your dietitian or dining room worker to request alternate item or to address preference concerns.