

# Wisconsin Veterans Home-Union Grove

# Week #4

# October 17-23, 2021

	SUNDAY-October 17	MONDAY-October 18	TUESDAY-October 19	WEDNESDAY-October 20	THURSDAY-October 21	FRIDAY-October 22	SATURDAY-October 23
B R E A K F A S T	<b>Orange Pineapple Juice</b> <b>Cheerios</b> (Oatmeal) <b>Warm Breakfast Biscuit with Sausage Gravy</b> (Poached Egg)	<b>Apple Juice</b> <b>Oatmeal</b> (Bran Flakes) <b>Scrambled Eggs</b> (Hard Cooked Egg) <b>Assorted Danish</b> (Toast)	<b>Orange Juice</b> <b>French Toast with Syrup</b> (Toast) <b>Fresh Banana</b>	<b>Pineapple Juice</b> <b>Raisin Bran</b> (Oatmeal) <b>Poached Egg</b> (Scrambled Eggs) <b>Cranberry Orange Muffin</b>	<b>Grape Juice</b> <b>Belgian Waffle with Syrup</b> (Pancakes)	<b>Orange Juice</b> <b>Rice Krispies</b> (Oatmeal) <b>Cheese Omelet</b> (Scrambled Eggs) <b>Bagel with Cream Cheese</b>	<b>Cranberry Juice</b> <b>French Toast Sticks with Syrup</b> (Pancakes) <b>Fresh Banana</b>
L U N C H	<b>Beef Pot Roast</b> (Macaroni and Cheese) <b>Whipped Potatoes with Gravy</b> <b>Carrots, Celery and Onions</b> (Wax Beans) <b>Coconut Cream Pie</b>	<b>Chicken Provolone</b> (Baked Haddock) <b>Noodles with Alfredo Sauce</b> (Whipped Potatoes) <b>Broccoli Florets</b> (Diced Carrots) <b>Chocolate Cake with Icing</b>	<b>Chopped Steak w/Sautéed Onions</b> (Turkey Tetrazzini) <b>Creamed Potatoes</b> (Whipped Potatoes) <b>Braised Brussels Sprouts</b> (Green Beans) <b>Orange Sherbet</b>	<b>Braised Pork with Mushroom Gravy</b> (Scrambled Eggs) <b>Fried Spaetzle</b> (Whipped Potatoes with Gravy) <b>Sauerkraut</b> (Wax Beans) <b>Peanut Butter Pie</b>	<b>Teriyaki Chicken</b> (Tater Tot Hot Dish) <b>Wild Rice</b> (Whipped Potatoes) <b>Vegetable Stir Fry</b> (Asparagus) <b>Fresh Orange Wedges</b> <b>Almond Cookie</b>	<b>Poor Man's Lobster with Drawn Butter</b> (Chicken Breast in Supreme Sauce) <b>Baked Potato with Butter</b> (Whipped Potatoes) <b>Creamy Coleslaw</b> (Pea Salad) <b>Apple Pie</b>	<b>Swedish Meatballs</b> (Turkey Loaf) <b>Whipped Potatoes</b> <b>Creamed Corn</b> (Diced Beets) <b>Banana Split Parfait</b>
S U P P E R	<b>Sloppy Joe with a Bun</b> (Grilled Chicken Breast with a Bun) <b>Seasoned Wedges</b> (Whipped Potatoes) <b>Pears</b> <b>Bread and Butter</b> <b>Pickle Chips</b>	<b>Frankfurter with a Bun</b> (Hamburger Patty with a Bun) <b>Baked Beans</b> (Whipped Potatoes) <b>Cucumbers with Sour Cream</b> (Pea Salad) <b>Apricots</b>	<b>Ham Salad Sandwich on Wheat Bread</b> (Chicken Salad Sandwich on White Bread) <b>Tossed Salad with Ranch Dressing</b> (French Dressing) (Chicken Rice Soup) <b>Blueberry Crisp</b>	<b>Chicken A'la King</b> (Meatloaf) <b>Broccoli Coleslaw</b> (Pickled Beets) <b>Warm Biscuit</b> (Whipped Potato) <b>Strawberry Jello with Applesauce</b>	<b>Bacon/Tomato Macaroni &amp; Cheese</b> (Turkey Loaf and Whipped Potato) <b>Waldorf Salad</b> <b>Vanilla Cheesecake</b>	<b>Taco Pizza</b> (Tator Tot Casserole) <b>Tossed Salad with Creamy Italian Dressing</b> (French Dressing) (2 Bean Salad) <b>Peaches</b> <b>Raspberry Sherbet</b>	<b>Minestrone Soup</b> (Cream of Asparagus Soup) <b>with Crackers</b> <b>Crab Salad</b> (Egg Salad) <b>Mandarin Oranges</b> <b>Warm Fudge Cookie</b>

(Alternates to main items are listed in parenthesis)

Additional substitutes at lunch and supper include: cold lunchmeats, assorted cheeses, cottage cheese, peanut butter, hard boiled egg, and Soup of the Day

Please speak to your dietitian or dining room worker to request alternate item or to address preference concerns.