

Wisconsin Veterans Home-Union Grove

Week #5

October 24-30, 2021

	SUNDAY-October 24	MONDAY-October 25	TUESDAY-October 26	WEDNESDAY-October 27	THURSDAY-October 28	FRIDAY-October 29	SATURDAY-October 30
B R E A K F A S T	Orange Pineapple Juice Cheerios (Oatmeal) Warm Breakfast Biscuit (Toast) With Sausage Gravy (Poached Egg)	Apple Juice Oatmeal (Bran Flakes) Scrambled Eggs (Hard Boiled Egg) Warm Blueberry Muffin (Toast)	Orange Juice Buttermilk Pancakes With Syrup (Cereal and Toast) Fresh Banana	Pineapple Juice Raisin Bran (Oatmeal) Poached Egg (Scrambled Eggs) Carrot Bread	Grape Juice Belgian Waffle with Cherry Sauce (Pancakes)	Orange Juice Rice Krispies (Oatmeal) Cheese Omelet (Scrambled Eggs) Bagel with Cream Cheese	Cranberry Juice Farina (Corn Flakes) Breakfast Bake with Bacon, Tomatoes and Cheese (Scrambled Eggs) Fresh Banana
L U N C H	Oven Fried Chicken with Cranberry Sauce (Roast Beef) Seasoned Wedges (Whipped Potatoes) Broccoli Florets (Diced Beets) Pineapple Upside-Down Cake	Stuffed Pepper (Baked Haddock and Whipped Potatoes) Whole Kernel Corn (Diced Carrots) Butterscotch Pudding	Beef Stew over Boiled Potatoes and Rutabagas (Tator Tot Hot Dish) (Whipped Potatoes) (Diced Beets) Strawberry Trifle	Chicken Pot Pie (Chili with Crackers) Tossed Salad with Italian Dressing (Carrot Salad) (Ranch Dressing) Vanilla Ice Cream	Chicken Parmesan (Macaroni & Cheese) With Garlic Parmesan Potatoes (Whipped Potatoes) Sliced Carrots (Diced Rutabagas) German Chocolate Cake	Baked Haddock with Tartar Sauce (Turkey Loaf) Baked Potato with Butter (Whipped Potatoes) Cauliflower Salad (Cucumber Salad) Strawberry Ice Cream	Glazed Pork Ribs (Meatloaf) German Potato Salad (Whipped Potatoes) Bavarian Sauerkraut (Wax Beans) Pistachio Pudding
S U P P E R	Macaroni and Cheese (Turkey Tetrazzini) Warm Stewed Tomatoes (Peas) Lime Jello with Pears	Savory Sausage (Roast Beef) Roasted Red Potatoes (Whipped Potatoes) Green Beans (Squash) Chocolate Ice Cream Sundae	Baked Ham (Roast Pork) Mashed Sweet Potatoes (Whipped Potatoes) Peas (Spinach) Raspberry Bar	Maple Sausage Links (Scrambled Eggs) Hash Brown Patties (Cornbread) (Whipped Potatoes) Cinnamon Applesauce White Chocolate Chip Cookie	Chicken Dumpling Soup (Cream of Mushroom Soup) with Crackers Liver Sausage on Whole Wheat Bread (Chicken Salad Sand/White) Slivered Onions Peach Crisp	Layered Enchilada (Chicken/Broc/Rice Hot Dish) Lettuce and Tomato (2 Bean Salad) Tortilla Chips with Nacho Cheese Sauce Bread Pudding with Rum Sauce	French Onion Soup with Croutons (Chicken Veg Soup with Crackers) Hot Shaved Beef on a Hoagie Bun (Turkey Tetrazzini) Fruity Rainbow Cake

(Alternates to main items are listed in parenthesis)

Additional substitutes at lunch and supper include: cold lunchmeats, assorted cheeses, cottage cheese, peanut butter, hard boiled egg, and Soup of the Day

Please speak to your dietitian or dining room worker to request alternate item or to address preference concerns.