

Wisconsin Veterans Home-Union Grove

Week #2

October 3-9, 2021

	SUNDAY-October 3	MONDAY-October 4	TUESDAY-October 5	WEDNESDAY-October 6	THURSDAY-October 7	FRIDAY-October 8	SATURDAY-October 9
B R E A K F A S T	Orange Pineapple Juice Cheerios (Oatmeal) Warm Breakfast Biscuit (Toast) with Sausage Gravy (Poached Egg)	Apple Juice Oatmeal (Bran Flakes) Scrambled Eggs (Hard Boiled Egg) Warm Glazed Donut (Toast)	Orange Juice French Toast with Syrup (Pancakes) Fresh Banana	Pineapple Juice Raisin Bran (Oatmeal) Poached Egg (Scrambled Eggs) Bagel with Cream Cheese	Grape Juice Belgian Waffle (Pancakes) with Apple Cinnamon Topping	Orange Juice Rice Krispies (Oatmeal) Cheese Omelet (Scrambled Eggs) Bagel with Cream Cheese	Cranberry Juice Cornmeal (Corn Flakes) Denver Eggs (Scrambled Eggs) Hash Browns (Toast) Fresh Banana
L U N C H	Pork Marsala (Macaroni and Cheese) Creamed Potatoes (Whipped Potatoes) Harvard Beets (Diced Carrots) Cinnamon Cake w/Icing	Teriyaki Meatballs (Baked Haddock) over Brown Rice (Whipped Potatoes) Sugar Snap Peas (Asparagus) Fortune Cookie Tapioca Pudding	Baked Chicken (Meatloaf) Cranberry Sauce Country Dumpling (Whipped Potatoes) with Chicken Gravy Squash (Wax Beans) Blueberry Pie	Chili Dog with a Bun (Chili Burger with a Bun) Tator Tots (Whipped Potatoes) Cucumber w/Sour Cream (Pickled Beets) Chocolate Ice Cream Sundae	Meatloaf with Tomato Sauce (Chicken Fillet with Supreme Sauce) Baked Potato (Whipped Potatoes) California Blend Vegetables (Asparagus) Carrot Cake	Ravioli (Tator Tot Casserole) Steamed Zucchini (Diced Carrots) Applesauce Pumpkin Square	Chicken Pot Pie (Hamburger Patty with a Bun) Tossed Salad with Thousand Island Dressing (French Dressing) (Pineapple Tidbits) Orange Poke Cake
S U P P E R	Chicken Sticks w/Ranch Sauce (Meat Loaf) Waffle Fries (Potato Salad) Corn Relish (Pea Salad) Chocolate Torte	Brat with a Bun (Hamburger Patty with a Bun) Oven Brown Potatoes (Whipped Potatoes) Sauerkraut Salad (2 Bean Salad) Strawberry Ice Cream	Split Pea Soup (Chicken Rice Soup) with Crackers Chicken Pasta Salad (Tuna Salad Sandwich on White) Warm Apple Strudel Stick	Salisbury Steak with Peppers & Onions (Turkey Loaf) Whipped Potatoes Cream-Style Corn (Green Beans) M&M Cookie	Beef Barley Soup (Cream of Mushroom Soup) with Crackers Egg Salad Sandwich on Whole Wheat (Beef Salad Sandwich on White) Warm Cherry Crisp	FRIDAY NIGHT FISH FRY Fried Pollock with Tartar Sauce (Turkey Loaf) Seasoned Wedges (Potato Salad) Creamy Coleslaw (Carrot Salad) Lemon Meringue Pie	Tomato Soup (Chicken Vegetable Soup) with Oyster Crackers Grilled Cheese Sandwich on White Bread (Tuna Noodle Casserole) Cheesecake with Strawberry Topping

(Alternates to main items are listed in parenthesis)

Additional substitutes at lunch and supper include: cold lunchmeats, assorted cheeses, cottage cheese, peanut butter, hard boiled egg, and Soup of the Day

Please speak to your dietitian or dining room worker to request alternate item or to address preference concerns.