

Wisconsin Veterans Home-Union Grove

Week #6

September 19-25, 2021

	SUNDAY-September 19	MONDAY-September 20	TUESDAY-September 21	WEDNESDAY-September 22	THURSDAY-September 23	FRIDAY-September 24	SATURDAY-September 25
B R E A K F A S T	Orange Pineapple Juice Cheerios (Oatmeal) Warm Breakfast Biscuit (Toast) With Sausage Gravy (Poached Egg)	Apple Juice Oatmeal (Bran Flakes) Scrambled Eggs (Hard Boiled Egg) Warm Glazed Donut (Toast)	Orange Juice French Toast (Pancakes) With Syrup Fresh Banana	Pineapple Juice Raisin Bran (Oatmeal) Poached Egg (Scrambled Eggs) Bagel with Cream Cheese	Grape Juice Belgian Waffle (Pancakes) With Syrup Fresh Orange Wedges	Orange Juice Rice Krispies (Oatmeal) Cheese Omelet (Scrambled Eggs) Banana Bread	Cranberry Juice Cinnamon Roll with Icing Hard Boiled Egg (Scrambled Eggs) Fresh Banana
L U N C H	Baked Chicken (Roast Pork) Whipped Potatoes with Gravy Whole Kernel Corn (Diced Beets) Peach Pie	Italian Meatballs with Pasta (Tator Tot Casserole) Tossed Salad with Creamy Italian Dressing (Ranch Dressing) (Pickled Beets) Garlic Toast Strawberry Ice Cream Sundae	Sliced Ham with Mustard Sauce (Baked Haddock) Au Gratin Potatoes (Whipped Potatoes) Peas and Carrots (Green Beans) Tropical Fruit	Chop Suey over Steamed Brown Rice (Macaroni and Cheese) Sugar Snap Peas (Asparagus) Chow Mein Noodles Peanut Butter Bar	Grilled Reuben Sandwich (Turkey Tetrazzini) Seasoned Wedges (Whipped Potatoes) Creamy Coleslaw (Two Bean Salad) Dill Pickle Spear Raspberry Sherbet	Butterflied Shrimp with Cocktail Sauce (Turkey Loaf) French Baked Potatoes (Whipped Potatoes) Dressed Spinach Salad (Pea Salad) Boston Cream Pie	Ham-Stuffed Chicken w/Swiss Cheese Sauce (Roast Beef) Noodles Romanov (Whipped Potatoes) California Blend Vegetables (Asparagus) Iced White Cake
S U P P E R	Seafood Scampi (Meatloaf) Rice Pilaf (Whipped Potatoes) Broccoli Florets (Green Beans) Orange Dreamsicle Dessert	Hot Dog with a Bun w/Ketchup & Mustard (Hamburger Patty with a Bun) Baked Beans (Diced Carrots) Marble Cake	Chef's Salad with Diced Ham, Diced Chicken, Eggs, Cheddar Cheese & Diced Tomatoes (Chicken Salad on White) French Dressing with Bleu Cheese Crumbles (Ranch Dressing) Croutons Assorted Breadsticks Warm Sugar Cookie	Chicken Strips With Ranch Sauce (Meatloaf) Tater Tots (Potato Salad) Corn Relish (Pea Salad) Oreo Torte	Chili con Carne with Crackers (Turkey Rice Soup with Crackers) Shredded Cheese & Sour Cream Warm Cornbread Cherry Jello with Fruit	Riblet with a Bun and BBQ Sauce (Grilled Chicken Breast) Dill Pickle Chips Green Beans (Diced Carrots) Waffle Fries (Potato Salad) Vanilla Ice Cream	Beef Vegetable Soup (Chicken Vegetable Soup) with Crackers Meat Salad Spread Sandwich on Whole Wheat (Egg Salad Sandwich on White Bread) Blueberry Crisp

(Alternates to main items are listed in parenthesis)

Additional substitutes at lunch and supper include: cold lunchmeats, assorted cheeses, cottage cheese, peanut butter, hard-boiled egg, and Soup of the Day

Please speak to your dietitian or dining room worker to request alternate item or to address preference concerns.