

Wisconsin Veterans Home-Union Grove

Week #2

September 20-26, 2020

	SUNDAY-September 20	MONDAY-September 21	TUESDAY-September 22	WEDNESDAY-September 23	THURSDAY-September 24	FRIDAY-September 25	SATURDAY-September 26
B R E A K F A S T	Orange Pineapple Juice Cheerios (Oatmeal) Warm Breakfast Biscuit (Toast) with Sausage Gravy (Poached Egg)	Apple Juice Oatmeal (Bran Flakes) Scrambled Eggs (Hard Boiled Egg) Warm Glazed Donut (Toast)	Orange Juice French Toast with Syrup (Pancakes) Fresh Banana	Pineapple Juice Raisin Bran (Oatmeal) Poached Egg (Scrambled Eggs) Toast Made Fresh in Your Dining Room	Grape Juice Belgian Waffle (Pancakes) with Apple Cinnamon Topping	Orange Juice Rice Krispies (Oatmeal) Cheese Omelet (Scrambled Eggs) Cinnamon Raisin Toast Made Fresh in Your Dining Room	Cranberry Juice Cornmeal (Corn Flakes) Denver Eggs (Scrambled Eggs) Hashbrowns (Toast) Fresh Banana
L U N C H	Pork Marsala (Macaroni and Cheese) Creamed Potatoes (Whipped Potatoes) Harvard Beets (Diced Carrots) Chocolate Caramel Poke Cake	Teriyaki Meatballs (Baked Haddock) over Steamed Rice (Whipped Potatoes) Sugar Snap Peas (Asparagus) Fortune Cookie Tapioca Pudding	Baked Chicken (Meatloaf) Cranberry Sauce Country Dumpling (Whipped Potatoes) with Chicken Gravy Squash (Wax Beans) Blueberry Pie	Chili Dog with a Bun (Chili Burger with a Bun) Tator Tots (Whipped Potatoes) Cucumber w/Sour Cream (Pickled Beets) Chocolate Ice Cream Sundae	Meatloaf with Tomato Sauce (Chicken Fillet with Supreme Sauce) Baked Potato (Whipped Potatoes) California Blend Vegetables (Asparagus) Carrot Cake	Potato Pancakes with Syrup (French Toast) Bacon Strips (Sausage Links) Applesauce Pumpkin Square	Chicken Pot Pie (Hamburger Patty with a Bun) Tossed Salad with Thousand Island Dressing (French Dressing) (Canned Fruit) Vanilla Ice Cream
S U P P E R	Cheeseburger Hot Dish (Chicken Breast w/Whips) Peas and Carrots (Green Beans) Dill Pickle Chips Strawberry Ice Cream	Brat with a Bun (Hamburger Patty with a Bun) Oven Browned Potatoes (Whipped Potatoes) Sauerkraut Salad (2 Bean Salad) White Chocolate Chip Cookie	Split Pea Soup (Chicken Rice Soup) with Crackers Chicken Pasta Salad (Tuna Salad Sandwich on White) Cherry Jello w/Fruit (Waldorf Salad)	Salisbury Steak with Peppers & Onions (Turkey Loaf) Whipped Potatoes Cream-Style Corn (Green Beans) Peanut Butter M&M Cookie	Beef Barley Soup (Cream of Mushroom Soup) with Crackers Egg Salad Sandwich on Whole Wheat (Beef Salad Sandwich on White) Warm Cherry Crisp	FRIDAY NIGHT FISH FRY Fried Pollock with Tartar Sauce (Turkey Loaf) Seasoned Wedges (Potato Salad) Creamy Coleslaw (Carrot Salad) Lemon Meringue Pie	Tomato Soup (Chicken Vegetable Soup) with Oyster Crackers Grilled Cheese Sandwich on White Bread (Tuna Noodle Casserole) Cheesecake with Strawberry Topping

(Alternates to main items are listed in parenthesis)

Additional substitutes at lunch and supper include: cold lunchmeats, assorted cheeses, cottage cheese, peanut butter, hard boiled egg, and Soup of the Day

Please speak to your dietitian or dining room worker to request alternate item or to address preference concerns.