

# Wisconsin Veterans Home-Union Grove

# Week #1

# September 26-October 2, 2021

	SUNDAY-September 26	MONDAY-September 27	TUESDAY-September 28	WEDNESDAY-September 29	THURSDAY-September 30	FRIDAY-October 1	SATURDAY-October 2
B R E A K F A S T	<b>Orange Pineapple Juice</b> <b>Cheerios</b> (Oatmeal) <b>Warm Breakfast Biscuit</b> (Toast) <b>with Sausage Gravy</b> (Poached Egg)	<b>Apple Juice</b> <b>Oatmeal</b> (Bran Flakes) <b>Scrambled Eggs</b> (Hard Boiled Egg) <b>Assorted Danish</b> (Toast)	<b>Orange Juice</b> <b>Buttermilk Pancakes</b> <b>With Syrup</b> (Cereal and Toast) <b>Fresh Banana</b>	<b>Pineapple Juice</b> <b>Raisin Bran</b> (Oatmeal) <b>Poached Egg</b> (Scrambled Eggs) <b>Bagel with Cream</b> <b>Cheese</b>	<b>Grape Juice</b> <b>Belgian Waffle</b> <b>with Strawberry Sauce</b> (Pancakes)	<b>Orange Juice</b> <b>Rice Krispies</b> (Oatmeal) <b>Scrambled Eggs</b> <b>with Bacon Strips</b> (Sausage Links) <b>Bagel with Cream</b> <b>Cheese</b>	<b>Cranberry Juice</b> <b>Breakfast Sandwich on</b> <b>an English Muffin</b> (Scrambled Eggs, Cereal and Toast) <b>Fresh Banana</b>
L U N C H	<b>Pulled, Smoked BBQ</b> <b>Pork with a Bun</b> (Chicken Breast) <b>Ranch Tater Tots</b> (Whipped Potatoes) <b>Broccoli-Bacon-Tomato</b> <b>Salad</b> (Cucumber Salad) <b>Strawberry Rhubarb</b> <b>Cup</b>	<b>Braised Beef Tips and</b> <b>Peppers</b> (Macaroni and Cheese) <b>Garlic Mashed Yellow</b> <b>Potatoes</b> (Whipped Potatoes) <b>Broccoli Florets</b> (Diced Rutabagas) <b>Gingerbread with Lemon</b> <b>Topping</b>	<b>Lasagna with Tomato</b> <b>Sauce</b> (Turkey Tetrizzini) <b>Steamed Zucchini</b> (Diced Carrots) <b>Warm Dinner Roll</b> <b>Blueberry Parfait</b>	<b>Memphis Style Riblet</b> (Chicken Breast) <b>Macaroni and Cheese</b> (Whipped Potatoes) <b>Southern Hot Slaw</b> (Wax Beans) <b>Sweet Potato Pie</b>	<b>Open Faced Hot Beef</b> <b>Sandwich</b> (Open Faced Hot Turkey Sandwich) <b>Whipped Potato</b> <b>with Beef Gravy</b> <b>Tossed Salad with French-</b> <b>Bleu Cheese Dressing</b> (Ranch Dressing) (Pea Salad) <b>Orange Sherbet</b>	<b>Baked Haddock with</b> <b>Tartar Sauce</b> (Meatloaf) <b>Baked Potato</b> (Whipped Potatoes) <b>Roasted Brussels</b> <b>Sprouts</b> (Asparagus) <b>Raspberry Cake</b>	<b>Chicken Breast with</b> <b>Supreme Sauce</b> (Salisbury Steak) <b>Roasted Red Potatoes</b> (Whipped Potatoes) <b>Mixed Vegetables</b> (Diced Carrots) <b>Chocolate Peanut Butter</b> <b>Chip Cookie</b>
S U P P E R	<b>Ham with Scalloped</b> <b>Potatoes</b> (Pork Roast) (Whipped Potatoes) <b>Buttered Baby Carrots</b> (Diced Beets) <b>Cherry Torte</b>	<b>Build Your Own:</b> <b>Cheeseburger with a Bun</b> (Fish Patty with a Bun) <b>Lettuce, Tomato, Onion</b> (Waldorf Salad) <b>Dill Pickle Chips</b> <b>Onion Rings</b> (Whipped Potatoes) <b>Orange Sherbet</b>	<b>Cream of</b> <b>Cauliflower Soup</b> (Chicken Rice Soup) <b>with Crackers</b> <b>Grilled Cheese, Bacon</b> <b>and Tomato Sandwich</b> <b>on White Bread</b> (Tater Tot Hot Dish) <b>Fresh Apple Slices with</b> <b>Caramel Sauce</b>	<b>Kielbasa</b> (Baked Haddock) <b>Oven Browns</b> (Whipped Potatoes) <b>Corn and Peas</b> (Squash) <b>Banana Cake with</b> <b>Cream Cheese Frosting</b>	<b>Beef Dumpling Soup</b> (Potato Soup) <b>with Crackers</b> <b>Summer Sausage Spread</b> <b>Sandwich on Whole Wheat</b> (Turkey Salad Sandwich/White) <b>Green Olives</b> <b>Warm Cherry Strudel Stick</b>	<b>Hamburger Pizza</b> (Macaroni and Cheese) <b>Marinated Vegetable</b> <b>Salad</b> (2-Bean Salad) <b>Mandarin Oranges</b> <b>Vanilla Ice Cream</b>	<b>Cream of Mushroom</b> <b>Soup</b> (Chicken Vegetable Soup) <b>with Crackers</b> <b>Hot Turkey and</b> <b>Mozzarella</b> <b>on a White Bun</b> (Hamburger Patty with a Bun) <b>Tropical Fruit</b>

(Alternates to main items are listed in parenthesis)

Additional substitutes at lunch and supper include: cold lunchmeats, assorted cheeses, cottage cheese, peanut butter, hard boiled egg, and Soup of the Day

Please speak to your dietitian or dining room worker to request alternate item or to address preference concerns.