



ASK A QUESTION. SAVE A LIFE.

QPR

SUICIDE
PREVENTION
TRAINING

WDVA WISCONSIN DEPARTMENT
of VETERANS AFFAIRS

1-800-WIS-VETS (947-8387) | WisVets.com

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QPR SUICIDE PREVENTION TRAINING

LEARN TO RECOGNIZE
THE WARNING SIGNS OF SUICIDE AND HOW TO
QUESTION
SOMEONE ABOUT POTENTIAL SUICIDAL THOUGHTS
PERSUADE
THEM TO SEEK HELP
REFER
THEM FOR PROFESSIONAL ASSISTANCE

Modeled after CPR training which trains civilians to resuscitate a person in physical distress – QPR trains civilians to identify possible suicidal intentions, talk to the person, and get the person referred to professional help.

The Wisconsin Department of Veterans Affairs offers FREE QPR training. WDVA has regional staff throughout Wisconsin and can travel to any locality. These trainings are open to veteran groups, medical facilities, schools, government entities, and any group interested in learning about effective suicide prevention. Participants will earn a QPR Gatekeepers Certificate.

To find out more information or to schedule a training, contact Cal Stammer at calvin2.stammer@dva.wi.gov

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